

## **PART 1 LEARNING OBJECTIVES**

- 10 hours of didactic + 10 hours of supervised practice
- Identify 3 components of the EMDR Approach designed to provide effective treatment with clients
- Describe 3 important existing research studies
- Name the 8 phases of EMDR therapy for comprehensive treatment and how to implement the phases with clients
- Identify the parameters treatable with EMDR therapy to safely and effectively implement EMDR therapy with clients
- Describe 3 aspects of the AIP Model for effective case conceptualization and treatment planning
- List 6 types of client complaints treatable with EMDR therapy
- Describe the criteria for client selection and how to apply to client cases
- Describe 3 safety measures for effective and safe use of EMDR therapy

## **PART 2 LEARNING OBJECTIVES**

- 10 hours of didactic + 10 hours of supervised practice
- Describe 3 strategies to identify and effectively resolve problem areas in the utilization of EMDR therapy
- Describe protocols for closing down incomplete sessions
- Describe 3 resources to use with difficult or resistant clients
- Describe a treatment plan to choose and prioritize targets appropriate for EMDR treatment
- Describe strategies for dealing with highly emotional responses
- Describe strategies for dealing with dissociative symptoms and phobias
- Describe strategies to treat more complex trauma-related disorders